

**A. G. & S. SIDDHARTHA DEGREE COLLEGE OF ARTS AND SCIENCE, VUYURU**  
**WOMEN EMPOWERMENT AND ANTI SEXUAL HARASSMENT CELL.**

**2018-2019 Activities**

International Women's Day 2019: **Think equal, build smart, innovate for change.** The theme for International Women's Day 2019, which will take place on 8 March, is “Think equal, build smart, and innovate for change”.

**NAME OF THE EVENT** : **Inter National Women’s Day**  
**Date organized** : 08. March .2019  
**Name of the guest** : smt.Y.R.R.Vijayala Lakshmi, Rtd. Teacher.

**Report of the Event**

**Theme:** “**Think Equal, Build Smart, Innovate for Change**”,

**AIM:** Increase their bargaining power, confidence, decision-making autonomy, and Give those choices and agency to act on their own and their families' behalf with respect to their safety.

**Speaker:** The main aim of Women’s Day is to celebrate the achievements of Women in various fields and the roles they play which could be that they are an Artist, a Teacher, an Administrator, a Politician, or Scientist. It is also important to raise awareness about Women’s rights and gender parity. We can all agree that no country has achieved gender equality yet there are few places where the concept of gender equality does not even exist. Around the world, Women are not given equal opportunities. There are countries where they are denied to raise a point about their lives and how they are treated. Girl child abuse is common in many places where many crimes like child marriages, gender-based are done and all this discrimination a Woman faces is on the basis of one chromosome.

**Conclusion:** want to conclude my speech by saying that International Women’s Day is dedicated to celebrating the achievements of women in social, cultural, and political fields. The Day formed by Women helps in bringing attention towards the forgotten Women’s rights and gender parity in a few places around the world. It should be considered a Day where everyone acknowledges the value and the importance of Women in our lives and all around the world. Thank you.

**2. NAME OF THE EVENT:** Health Nutrition and Hygienic practices of young adolescent girls.

- **Date conducted** : 13-07-2018.
- **Name and Designation of the Resource person:** R. Arani, Nutritionist, Guntur.
- **Brief Report:**  
Proteins are of greatest importance in nutrition. Proteins are required for bodybuilding and help in repair and maintenance of body tissues. Vitamins and minerals are required in small quantities. They do not yield energy but enable the body to use other nutrients and also play in important role in growth, repair and regulation of vital body functions



R. Arani Explaining Malnutrition Problems of girls



Students listening to lecture on Health, Nutrition and Hygienic practices

**3. NAME OF THE EVENT:** Career opportunities for Women in Navy.

- **Date conducted:** 23-07-2018.
- **Name and Designation of the Resource person:** Lt. P. Swathi, Navy Officer.

**Brief Report:**

Lt. P. Swathi, explains the Women were inducted only into the Armed Forces Medical Service till the year 1992. From July 1992, the Navy started inducting women as Short Service Commissioned Officers in select branches of the Navy. Presently the women are inducted into the following branches/cadres/specializations of the Navy Officers are ATCO observer Law Logistics Education Naval Architecture Pilot (Maritime Reconnaissance Stream only) Naval Armament Inspectorate. Thus she motivated the girl students towards employment in Navy.



Felicitation to Lt.Swathi



Lt.Swathi Motivating Speech

#### 4. NAME OF THE EVENT: National Commission for Women (NCW)

**Date conducted** : 29-12-2018.

**Brief Report** : National Commission for Women (NCW) has informed to conduct the competition on constitutional and legal rights /entitlements etc. For college students in view of disseminate information

In order to WEASHC has arranged an awareness programme to create knowledge about women empowerment law. In this part we conducted a written exam on this topic on 29/12/2018. NCW sponsored 8500/- for the winners of first, second, and third places.



Girl students are writing NCW exam

